



## Testing Requirements Sign Off Sheet

**Student's Name:** \_\_\_\_\_ **Rank Testing for:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Instructor:** \_\_\_\_\_

**To be filled out by applicant's Instructor.**

**Please answer "yes" or "no". If "no", note why on Notes area of page 2.**

### Testing for 1<sup>st</sup> Dan

1. Time requirement of 6 months minimum from previous test. \_\_\_\_\_
2. 20 hours of community service form signed & completed. \_\_\_\_\_
3. Tournament competition requirement has been met. \_\_\_\_\_
4. Student has become a USTF Class "C" Referee. \_\_\_\_\_
5. Student must have been a USTF member for one year minimum. \_\_\_\_\_

### Testing for 2<sup>nd</sup> Dan

1. Time requirement of 18 months continuous training minimum. \_\_\_\_\_
2. Age requirement of 14.5 years. \_\_\_\_\_
3. Tournament competition requirement has been met. \_\_\_\_\_
4. Student must attend a USTF Ho Sin Sol Seminar. \_\_\_\_\_
5. Adult students must become a USTF Class "B" Referee. \_\_\_\_\_
6. Students are encouraged to attend a USTF Instructors course and become a Class "C" Instructor. \_\_\_\_\_
7. 30 hours of community service form signed & completed. \_\_\_\_\_
8. Has completed their continued education of 8 hours per year.\* \_\_\_\_\_

### Testing for 3<sup>rd</sup> Dan

1. Time requirement of 30 months continuous training minimum. \_\_\_\_\_
2. Age requirement of 17.5 years. \_\_\_\_\_
3. Tournament competition requirement has been met. \_\_\_\_\_
4. Student must attend a USTF level 2 Ho Sin Sol Seminar. \_\_\_\_\_
5. Students must attend a USTF weapon self-defense course. \_\_\_\_\_
6. 40 hours of community service form signed & completed. \_\_\_\_\_
7. Has completed their continued education of 8 hours per year.\* \_\_\_\_\_

\*Each Black Belt must complete 8 hours of continued education per year. Can be a required course, retake, or new USTF seminar.

**Testing for 4<sup>th</sup> Dan**

1. Time requirement of 42 months continuous training minimum. \_\_\_\_\_
2. Age requirement of 19.5 years. \_\_\_\_\_
3. Student must attend a USTF Instructors Course, Class “B” minimum. \_\_\_\_\_
4. 40 hours of community service form signed & completed. \_\_\_\_\_
5. Students should be assisting teaching. \_\_\_\_\_
6. The 8 hour continued education per year requirement is met. \_\_\_\_\_

**Testing for 5<sup>th</sup> Dan**

1. Time requirement of 48 months continuous training minimum. \_\_\_\_\_
2. Student is required to become a USTF Class “A” Referee. \_\_\_\_\_
3. Student must be actively involved in teaching as a chief instructor or as an assistant instructor. \_\_\_\_\_
4. 40 hours of community service form signed & completed. \_\_\_\_\_
- 5 The 8 hour continued education per year requirement is met. \_\_\_\_\_

**Testing for 6<sup>th</sup> Dan**

1. Time requirement of 60 months continuous training minimum. \_\_\_\_\_
2. Student must be actively involved in teaching as a chief instructor or as an assistant instructor. \_\_\_\_\_
3. 40 hours of community service form signed & completed. \_\_\_\_\_
- 4 The 8 hour continued education per year requirement is met. \_\_\_\_\_

Copies of all certifications such as Referee, Ho Sin Sul, and Instructor Course certificates should be included in final paperwork to USTF headquarters.  
Students must be current with USTF maintenance dues.

Any requirement no me should have a note explaining why requirement was not met.

**NOTES:**

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Instructor’s Signature: \_\_\_\_\_ Rank: \_\_\_\_\_